



Holiday Greetings from Safetydude LLC to All of You!!!



My family and I would like to take this opportunity to wish everyone a **Very Merry Christmas, Happy Hanukkah, and the Happiest of New Years.**

Take the time to enjoy the holidays with friends and family. Relax and come back refreshed. Let's put the past behind us and hope for a better 2024.

Be safe! Don't let an accident ruin your holidays and see you next year!



Traveling for the Holidays? Be Prepared!



If you're traveling this year, be sure your vehicle is in good running condition, get plenty of rest and be prepared for any emergency. Traveling by car during the holidays has the highest fatality rate of any major form of transportation based on fatalities per passenger mile. Hundreds of people die every year in crashes on New Year's Day, Thanksgiving Day and Christmas Day, according to Injury Facts. Alcohol impairment is involved in about a third of these fatalities.

Stay safe on the roads over the holidays — and every day:

- Prepare your car for winter and keep an emergency kit with you.
- Get a good night's sleep before departing and avoid drowsy driving.
- Leave early, plan ahead for heavy traffic.
- Make sure every person in the vehicle is properly buckled up no matter how long or short the distance traveled.
- Put that cell phone away; many distractions occur while driving, but cell phones are the main culprit.
- Practice defensive driving
- Designate a sober driver to ensure guests make it home safely after a holiday party; alcohol or over-the-counter prescription and illegal drugs can cause impairment.

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Decorate Safely!



Decorating is one of the best ways to get in a holiday mood, but emergency rooms see thousands of injuries involving holiday decorating every season.

When decorating follow these tips from the U.S. Consumer Product Safety Commission:

- Keep potentially poisonous plants – mistletoe, holly berries, Jerusalem cherry and amaryllis – away from children.
- If using an artificial tree, check that it is labeled “fire resistant”.
- If using a live tree, cut off about 2 inches of the trunk to expose fresh wood for better water absorption, remember to water it, and remove it from your home when it is dry.
- Place your tree at least 3 feet away from fireplaces, radiators and other heat sources, making certain not to block doorways.
- Avoid placing breakable ornaments or ones with small, detachable parts on lower tree branches where small children can reach them.
- Only use indoor lights indoors and outdoor lights outdoors and choose the right ladder for the task when hanging lights.
- Replace light sets that have broken or cracked sockets, frayed or bare wires, or loose connections.
- Follow the package directions on the number of light sets that can be plugged into one socket.
- Never nail, tack or stress wiring when hanging lights and keep plugs off the ground away from puddles and snow.
- Turn off all lights and decorations when you go to bed or leave the house.

Food Poisoning is No Joke!



Keep your holidays happy by handling food safely. The foodsafety.gov website from the U.S. Department of Health and Human Services provides some valuable holiday food safety tips:

- Wash your hands frequently when handling food.
- Keep raw meat away from fresh produce.
- Use separate cutting boards, plates and utensils for uncooked and cooked meats to avoid cross-contamination.
- Use a food thermometer to make sure meat is cooked to a safe temperature.
- Refrigerate hot or cold leftover food within two hours of being served.
- When storing turkey, cut the leftovers in small pieces so they will chill quickly.
- Thanksgiving leftovers are safe for three to four days when properly refrigerated.

Safety Tip of the Month

The holiday season is known for being merry and bright, but it is also known for being the deadliest season when it comes to drunk driving. Unfortunately, every holiday season, lives are lost due to impaired drivers. Be smart - don't drink and drive. Use an alternative way home. Drink responsibly!

Notes From the Editor

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